

## Routine Pregnancy Testing

These are the standard tests ordered during your pregnancy care.

**These tests are ordered on everyone during each pregnancy.** The lab work that we order, also known as the “OB panel” includes:

1. **Blood Type** – A,B, or O. + or -.
2. **Complete Blood Count (CBC)** – checks for anemia
3. **Rubella (German Measles)** – checks for immunity to German Measles.
4. **T. Pallidum** – is the standard syphilis test.
5. **Hepatitis Bs Antigen** – checks for Hepatitis B.
6. **HIV** – We automatically order this test on everyone. You may opt out by signing a form.
7. **Urine Culture** – looks for signs of infection.
8. **Vitamin D, 25-Hydroxy** – checks for Vitamin D levels
9. **Hemoglobin A1c** – early screening for diabetes
10. **Quantiferon blood test** – looks for Tuberculosis infection. (Sometimes this is done by a PPD test on the forearm instead.)
11. At your first medical visit, we will perform a cervical check which includes a **Pap smear** and **Gonorrhea/Chlamydia cultures**.
12. **Glucose screening** – a 2 hour, 3 blood draw, fasting test for diabetes during pregnancy. We automatically order this test on everyone around 5-6 months of pregnancy.
13. **State Prenatal Screening/AFP Sequential Screening** -- Screening test for possible congenital problems (e.g., Trisomy, Abdominal Wall and Neural Tube Defects, etc.) (2 separate blood tests) (\$ 160) plus an NT ultrasound (\$ 1500) at 12-14 weeks [If you want to call your insurance about coverage, Diagnosis code is V22.1 and CPT codes are 82108, 82677 and 76813]
14. Basic genetic testing recommended:
  - a. **Cystic Fibrosis Test** (32, 97 or 103 mutations) (\$ 200) [If you want to call your insurance about coverage, Diagnosis codes are V22.0 or V22.1, V28.89, V28.0, V77.6, V82.71, V82.79 and CPT codes are 81220, 83891, 83892, 83900, 83901, 83909, 83914, 83912]
  - b. **Fragile X** [If you want to call your insurance about coverage, Diagnosis codes are V22.0 or V22.1, V28.89, V77.6, V82.71, V82.79 and CPT codes are 83891, 83892, 83894, 83896, 83897, 83898, 83909, 83912]
  - c. **SMA** [If you want to call your insurance about coverage, Diagnosis codes are V22.0 or V22.1, V28.89, V77.6, V82.71, V82.79 and CPT codes are 83891, 83900, 83901, 83892, 83912]

### **There are other tests you may want us to order:**

1. Varicella – To check for Chicken Pox immunity.
2. Parvovirus and CMV – viruses mainly spread in school age children that may affect the baby.
3. Hepatitis C – if there is a history of IV drug use, transfusion or high risk sexual contact.
4. Toxoplasmosis -- infections from pets like cats, or from eating raw meat.

### **Further Genetic Testing:**

There are many genetic tests that you may want to consider. Please see the accompanying handout “Options for Genetic Testing During Pregnancy” for more information.